

Geriatrics, Gerontology, and Palliative Care Grand Rounds

Geriatrics, Gerontology, and Palliative Care Grand Rounds - 12/2/2025
School of Medicine - Main Campus
December 2, 2025 – 12:00 PM

Learning Objectives

Upon completion of this session, learners should be able to:

- 1 Employ geriatric medicine, gerontology, and palliative care principles for maximizing patient health and enhancing patient care.
- 2 Discuss current assessments, management techniques and treatment recommendations available for different geriatric conditions and for those with serious illness at any stage of disease.
- 3 Identify patient-centered and system-wide strategies designed to improve quality of care and reduce iatrogenic events.
- 4 Distinguish differences in care guidelines for older vs younger patients.
- 5 Recognize the role of social determinants of health and how they can impact care and decision-making.

Target Audience

Specialties – Academic/Research, Emergency Medicine, Family Medicine-Family Practice, Geriatric Medicine, Internal Medicine, Neurology, Pharmaceutical Science, Preventive Medicine, Psychiatry, Psychology
Professions – Physician, Non-Physician, Administrator, Advanced Practice Nurse, Fellow/Resident, Medical Assistant, Medical Student, Nurse, Nursing Home Administrator, Pharmacist, Scientist / Researcher, Social Worker, Educators

Accreditation

The University of California San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California San Diego School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*[™] issued by organizations accredited by the ACCME. For relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits*[™].

Disclosure Statement

All relevant financial relationships and the nature of those relationships are noted below. All relevant financial relationships have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of
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		Ineligible Company(s)
Roopali Gupta, MD	Planning Committee Member	Nothing to disclose - 05/07/2025
Benjamin Han, MD, MPH	Planning Committee Member	Nothing to disclose - 09/14/2025
Jennifer Reichstadt, N/A	Planning Committee Member	Nothing to disclose - 05/06/2025
Milagros Silva, MD, Assistant Professor	Faculty	Nothing to disclose - 11/11/2025
Sasha Weiss, MFA	Activity Coordinator	Nothing to disclose - 05/08/2025
Kathryn D. Winters, MD	Course Director	Nothing to disclose - 05/06/2025

Acknowledgment of Commercial Support

This session has received no commercial support.