

Medicine Grand Rounds

Medicine Grand Rounds - 12/10/2025
La Jolla Medical Center
December 10, 2025 – 12:00 PM

Learning Objectives

Upon completion of this session, learners should be able to:

- 1 Apply basic scientific principles applicable to clinical situations.
- 2 Disseminate information regarding disease prevention and public health.
- 3 Recognize psychosocial and legal issues as they apply to delivery of excellent patient care.
- 4 Identify updates in medical diagnosis and treatment to improve patient outcomes.

Target Audience

Specialties – Academic/Research, Addiction Medicine, Allergy, Immunology, Rheumatology, Anatomy-Clinical Pathology, Anesthesiology, Basic Science, Biomedical Informatics, Blood And Marrow Transplantation, Cardiovascular Medicine, Colon-Rectal Surgery, Critical Care, Dermatology, Emergency Medicine, Endocrinology & Metabolism, Epidemiology, Faculty Teaching Development, Family Medicine-Family Practice, Gastroenterology/Hepatology, General Surgery, Geriatric Medicine, Hematology, Hospice-Palliative Medicine, Hospital Medicine, Infectious Diseases, Integrative Medicine, Internal Medicine, Leadership, Medical Genetics, Nephrology-Hypertension, Neurological Surgery, Neurology, Nuclear Medicine, Obstetrics-Gynecology, Occupational Therapy, Oncology, Ophthalmology, Orthopaedic Surgery, Osteopathic Medicine, Otolaryngology-Head & Neck Surgery, Pain Management, Pediatrics, Pharmaceutical Science, Physical Medicine-Rehabilitation, Plastic Surgery, Population Health, Preventive Medicine, Psychiatry, Psychology, Public Health, Pulmonary Medicine, Radiation Oncology, Radiology, Regenerative Medicine, Sleep Medicine, Sports Medicine, Thoracic Surgery, Translational Medicine, Urology, Vascular Surgery, Rheumatology, Primary Care, Gender Health, Metabolic Disease, Bariatric Medicine, Obesity Medicine
Professions – Physician, Fellow/Resident, Nurse, Physician Assistant, Scientist / Researcher

Accreditation

The University of California San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California San Diego School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*[™] from organizations accredited by ACCME or a recognized state medical society.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits*[™] issued by organizations accredited by the ACCME. For relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits*[™].

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous

Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Disclosure Statement

All relevant financial relationships and the nature of those relationships are noted below. All relevant financial relationships have been mitigated.

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|-----------------------|---------------------------------|---|
| Zea Borok, MD | Co-Director | Consulting Fee-Avanti Biosciences - 02/12/2025 |
| Lori B. Daniels, MD | Faculty | Membership on Advisory Committees or Review Panels, Board Membership, etc.- Abbott (Any division) (Relationship has ended) Grant or research support-RCE Consulting Fee-CureMetrix (Relationship has ended) Membership on Advisory Committees or Review Panels, Board Membership, etc.-Tosoh (Relationship has ended) Membership on Advisory Committees or Review Panels, Board Membership, etc.-Pfizer (Any division) Consulting Fee-QuidelOrtho Consulting Fee-Roche (Any division) Grant or research support-Roche (Any division) Consulting Fee-Siemans (Any division) - 12/01/2025 |
| Simerjot Jassal, MD | Course Director | Nothing to disclose - 09/09/2025 |
| Kathe Reigies, BS | Other Planning Committee Member | Nothing to disclose - 10/17/2025 |
| Mayra V Rodriguez, MA | Other Planning Committee Member | Nothing to disclose - 11/25/2025 |

Acknowledgment of Commercial Support

This session has received no commercial support.