UC San Diego

SCHOOL OF MEDICINE

OB/GYN & Reproductive Sciences Grand Rounds

OB/GYN & Reproductive Sciences Grand Rounds - 12/9/2026: Shira Varon, MD
December 9, 2026 – 2:00 PM

Learning Objectives
Upon completion of this session, learners should be able to:
1 Discuss current and emerging evidence-based practices in Obstetrics and Gynecology.
2 Describe systems-level and societal contributions to care and opportunities for improvement in care delivery and population health.
3 Apply scientific advances relevant to reproductive sciences.

Target Audience
Specialties – Academic/Research, Addiction Medicine, Allergy, Immunology, Rheumatology, Anatomy-Clinical Pathology, Anesthesiology, Basic Science, Biomedical Informatics, Blood And Marrow Transplantation, Cardiovascular Medicine, Colon-Rectal Surgery, Critical Care, Dermatology, Emergency Medicine, Endocrinology & Metabolism, Epidemiology, Faculty Teaching Development, Family Medicine-Family Practice, Gastroenterology/Hepatology, General Surgery, Geriatric Medicine, Hematology, Hospice-Palliative Medicine, Hospital Medicine, Infectious Diseases, Integrative Medicine, Internal Medicine, Leadership, Medical Genetics, Nephrology-Hypertension, Neurological Surgery, Neurology, Nuclear Medicine, Obstetrics-Gynecology, Occupational Therapy, Oncology, Ophthalmology, Orthopaedic Surgery, Osteopathic Medicine, Otolaryngology-Head & Neck Surgery, Pain Management, Pediatrics, Pharmaceutical Science, Physical Medicine-Rehabilitation, Plastic Surgery, Population Health, Preventive Medicine, Psychiatry, Psychology, Public Health, Pulmonary Medicine, Radiation Oncology, Radiology, Regenerative Medicine , Sleep Medicine, Sports Medicine, Thoracic Surgery, Translational Medicine, Urology, Vascular Surgery, Rheumatology, Primary Care, Gender Health, Metabolic Disease, Bariatric Medicine, Obesity Medicine, Transfusion Medicine, Genomics, Precision Medicine, Health &Amp; Lifestyle Medicine, Functional Medicine, Speech Language Pathology, Reproductive Medicine
Professions – Physician, Non-Physician, Administrator, Advanced Practice Nurse, Behavioral Therapist, Certified Registered Nurse Anesthetist, Laboratory, Medical Assistant, Medical Student, Nurse Assistant, Nurse, Nursing Home Administrator, Other, Physician Assistant, Sonographer, Nurse Anesthetists, Educators

Accreditation
The University of California San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California San Diego School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™*.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Disclosure Statement
All relevant financial relationships and the nature of those relationships are noted below. All relevant financial relationships have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Audra Meadows, MD, MPH	Course Director	Nothing to disclose - 09/30/2026
Chelsea Saelee, MPH	Activity Coordinator	Nothing to disclose - 05/21/2026
Yuliza Sanchez, Admin	Activity Coordinator	Nothing to disclose - 09/21/2026
Shira Varon, MD, Ob/Gyn	Faculty	Nothing to disclose - 09/26/2026

Acknowledgment of Commercial Support
This session has received no commercial support.