

UCSD/VA Cardiovascular Medicine Grand Rounds

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ACTRI Auditorium and Zoom

January 23, 2026 – 8:00 AM

Learning Objectives

Upon completion of this session, learners should be able to:

- 1 Identify the latest trends and innovations in cardiovascular diagnostic and therapeutic strategies.
- 2 Describe basic principles of new cardiovascular technologies introduced in recent updates.
- 3 Recognize common barriers to effective cardiovascular care and strategies to overcome them.
- 4 Explain the importance of staying current with advancements in cardiovascular medicine.

Target Audience

Specialties – Academic/Research, Addiction Medicine, Allergy, Immunology, Rheumatology, Anatomy-Clinical Pathology, Anesthesiology, Basic Science, Biomedical Informatics, Blood And Marrow Transplantation, Cardiovascular Medicine, Colon-Rectal Surgery, Critical Care, Dermatology, Emergency Medicine, Endocrinology & Metabolism, Epidemiology, Faculty Teaching Development, Family Medicine-Family Practice, Gastroenterology/Hepatology, General Surgery, Geriatric Medicine, Hematology, Hospice-Palliative Medicine, Hospital Medicine, Infectious Diseases, Integrative Medicine, Internal Medicine, Leadership, Medical Genetics, Nephrology-Hypertension, Neurological Surgery, Neurology, Nuclear Medicine, Obstetrics-Gynecology, Occupational Therapy, Oncology, Ophthalmology, Orthopaedic Surgery, Osteopathic Medicine, Otolaryngology-Head & Neck Surgery, Pain Management, Pediatrics, Pharmaceutical Science, Physical Medicine-Rehabilitation, Plastic Surgery, Population Health, Preventive Medicine, Psychiatry, Psychology, Public Health, Pulmonary Medicine, Radiation Oncology, Radiology, Regenerative Medicine, Sleep Medicine, Sports Medicine, Thoracic Surgery, Translational Medicine, Urology, Vascular Surgery, Rheumatology, Primary Care, Gender Health, Metabolic Disease, Bariatric Medicine, Obesity Medicine, Transfusion Medicine, Genomics, Precision Medicine, Health & Lifestyle Medicine, Functional Medicine, Speech Language Pathology, Reproductive Medicine
Professions – Physician, Non-Physician, Administrator, Advanced Practice Nurse, Fellow/Resident, Medical Student, Other, Physician Assistant, Sonographer, Cardiologists, Surgeons

Accreditation

The University of California San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California San Diego School of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™*.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME requirement of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Disclosure Statement

All relevant financial relationships and the nature of those relationships are noted below. All relevant financial relationships have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Ashley Appel, BS	Activity Coordinator	Nothing to disclose - 02/05/2025
Prerana Bhatia, MD	Planning Committee Member	Nothing to disclose - 08/26/2025
Heather Hernandez	Activity Coordinator	Nothing to disclose - 01/07/2026
Ehtisham Mahmud, MD	Course Director	Consulting Fee-Micropore Consulting Fee-Pulnova - 01/13/2026
Nancy Sills, MBA	Activity Coordinator	Nothing to disclose - 01/07/2026
Marmar Vaseghi, MD, PhD	Faculty	Stocks or stock options, excluding diversified mutual funds- Nference Honoraria-Zoll (Any division) - 01/13/2026

Acknowledgment of Commercial Support

This session has received no commercial support.