



Dear Colleagues,

We are excited to announce the Division of Complex Family Planning in the Department of Obstetrics, Gynecology, and Reproductive Sciences at UC San Diego Health has expanded care pain control options offered to patients. We now offer moderate sedation.

Patients have access to medication abortion, procedural abortion care, contraception consultation and procedure, as well as IUD pain control management options. This clinic at UC San Diego Health located in La Jolla/UTC area is the region's only academic medical center with 5 Complex Family Planning Board certified physicians. Our outstanding care team provides comprehensive, patient-centered care in a compassionate and comfortable setting.

UC San Diego Health is ranked #12 in the nation for obstetrics and gynecology by U.S. News & World Report. Our hospital system supports innovative research where patients have access to investigational and novel therapies to further advance understanding, treatment, and prevention of pregnancy-related conditions.

We invite you to share our reproductive health services with your patients in need of specialized care. To learn more, visit health.ucsd.edu/care/gynecology/birth-control-and-family-planning/ and meet our team on our CFP division website: obgyn.ucsd.edu/divisions/family-planning.html.

Referrals to Complex Family Planning Team:

- **Phone:** 858-657-8745 | **Fax:** 858-657-8666
- **UCSD Epic Referrals:**
 - » Pregnancy options counseling, D&C, medical management of miscarriage or undesired pregnancy services: "Pregnancy Options Clinic"
 - » Complex contraception services: "Referral to OBGYN > Gyn > Complex contraception"

We look forward to serving our community!

Warmest regards,

Division of Complex Family Planning

Department of Obstetrics, Gynecology, & Reproductive Sciences

MAYBE THE TIMING IS RIGHT? MAYBE IT ISN'T.
WE'RE COMPLEX.

ABORTION | BIRTH SPACING | CONTRACEPTION

Women's Health Care Consultation with Specialty Providers

CALL 858-657-8745

Complex Family Planning Services

- Basic contraception consultation and services
- Complex contraception consultation and services
- Emergency contraception
- Pregnancy testing and options counseling
- Abortion care
- Nexplanon insertions and removals
- IUD placement and removal
- Miscarriage management
- Management of abnormal or unintended pregnancies
- Postpartum contraception
- Permanent female contraception

**Nonjudgemental compassionate,
high quality patient care.**

