

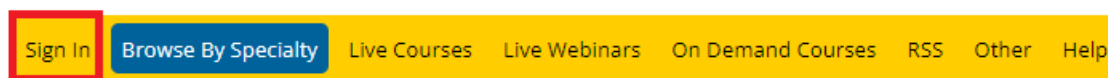
Instructions to complete online course

Once you have purchased this on demand course, Kelee® Medicine Workshop, you will have access until April 30, 2027, 11:59 PM.

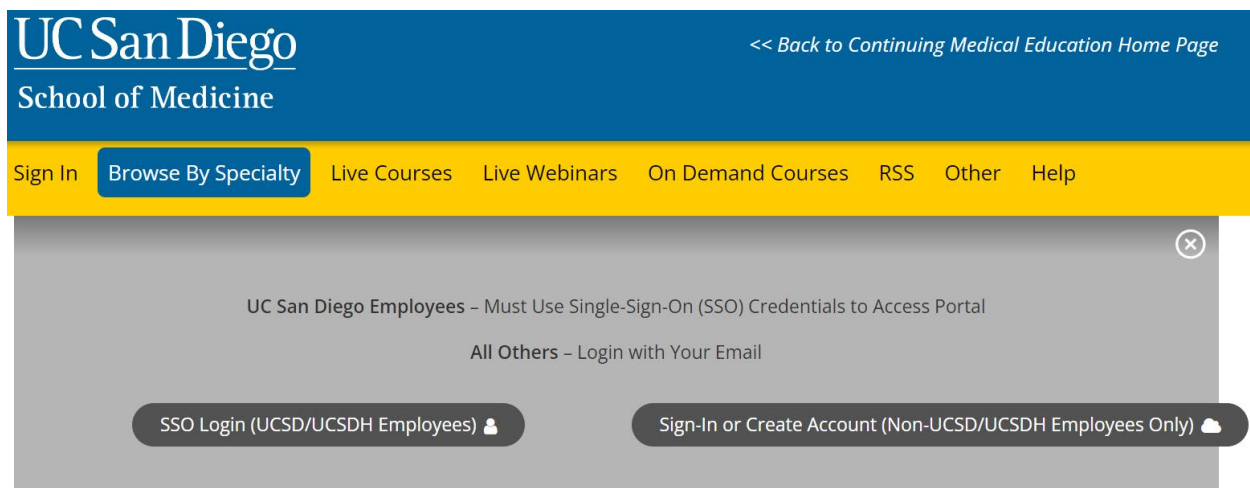
Via computer

Step 1: <https://ucsd.cloud-cme.com/default.aspx>

Step 2: Click **Sign In**, and sign in using the email address you used to register for the conference or to access the CloudCME® mobile app.



Step 3: If you are a UCSD/UCSDH employee log in using the **SSO Login** option otherwise click on **Sign-In or Create Account**



Step 3: Click on **Link Provided**, <https://ucsd.cloud-cme.com/course/courseoverview?P=0&EID=3643>

Step 4: Click on **Register** and follow prompts on screen. Once you have registered and paid the \$50 registration fee, proceed to the "Content" tab to begin the course

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KELEE® MEDICINE WORKSHOP - THE IMPORTANCE OF BEING CENTERED FOR SELF-CARE AND REDUCING BURNOUT

Overview Register Faculty Content

1 Login 2 Registration 3 Survey 4 Hosted Payment

Registration: Kelee® Medicine Workshop - The Importance of Being Centered for Self-Care and Reducing Burnout

Jeonathan Rodriguez (rodriguezjeonathan@gmail.com), you are logged in.

If this is correct, click Continue to start your registration. If this is not you, please click 'Sign Out' in the site navigation above and login with your own account.

Continue

Step 5: Click on **Content**

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Overview Register Faculty Content

Kelee® Medicine Workshop - The Importance of Being Centered for Self-Care and Reducing Burnout
Must watch 100% of each video before being able to proceed to Post-Test to claim credit

LAUNCH VIDEO

Kelee® Medicine Workshop - Section 2: Clinician Panel
Must watch 100% of each video before being able to proceed to Post-Test to claim credit

LAUNCH VIDEO

Kelee® Medicine Workshop - Section 3: Conversation on "The Essence of Empathy and Compassion as It Relates to the Practice of Medicine"
Must watch 100% of each video before being able to proceed to Post-Test to claim credit

LAUNCH VIDEO POST-TEST

Step 6: Click on any **Launch Videos** on screen. Please note, you will have to view each video in its entirety before you can claim credit

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LAUNCH VIDEO POST-TEST

Step 7: When you have viewed the videos in their entirety click on **Post-Test** button

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KELEE® MEDICINE WORKSHOP - THE IMPORTANCE OF BEING CENTERED FOR SELF-CARE AND REDUCING BURNOUT

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LAUNCH VIDEO POST-TEST

Step 8: Answer each of the 5 questions in the Post Test. Click on **Check Answer** and **Next** after each question. Please note, that you must pass the post-test with at least a 75%

Kelee® Medicine Workshop - Section 3: Conversation on "The Essence of Empathy and Compassion as It Relates to the Practice of Medicine"

1/5 : Question 1 Next

Which of the following statements is correct about Kelee meditation?

- a. Kelee meditation is performed by focusing on mental feeling within the Kelee
- b. Kelee meditation is performed via visualization of the Kelee
- c. Kelee meditation is performed by repeating a mantra about the Kelee

Check Answer

Step 9: You will see a pop up window that will ask you to Submit Results. Click on **Submit Results**

Kelee® Medicine Workshop - Section 3: Conversation on "The Essence of Empathy and Compassion as It Relates to the Practice of Medicine"

5/5 : Question 5 Submit Results

5. How can Kelee meditation help you over time?

- a. Reduce brain chatter
- b. Shut down emotion
- c. By distracting your awareness from negative thoughts
- d. All of the above

Check Answer

Answer is a. Kelee meditation can help you feel more emotion (like psychiatric medications can) nor distract your awareness from negative emotions. Kelee meditation helps to get rid of the negative emotions by opening up compartments that underlie negative emotions. Kelee meditation helps to get rid of the negative emotions by opening you up to be able to feel more emotion.

Please make sure to click "Submit Results" to record your responses and view results.

Submit Results

Step 10: You will then see a prompt to complete your evaluation. Click on **Complete Evaluation**

Total Questions	5
Number Correct	5
Score	100%

You have completed this test successfully. To receive credit and obtain a certificate, click the **Complete Evaluation** button below.

Complete Evaluation

Step 11: Answer each required question in red and click **Submit** at the bottom of the evaluation

Diagnosis and Screening

List the specific, measurable change(s) you plan to make:

Test

On a scale from 1-10, how confident are you that you will be able to make this change? (1=Not at all - 10=Completely):

1 2 3 4 5 6 7 8 9 10

Please remind me of this commitment in:

1 month 2 months 3 months 4 months

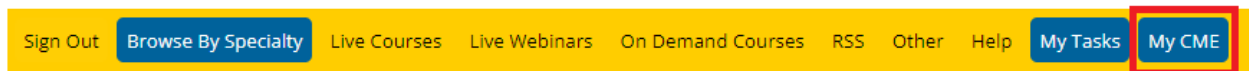
Additional comments related to the overall program

Topics for future educational opportunities:

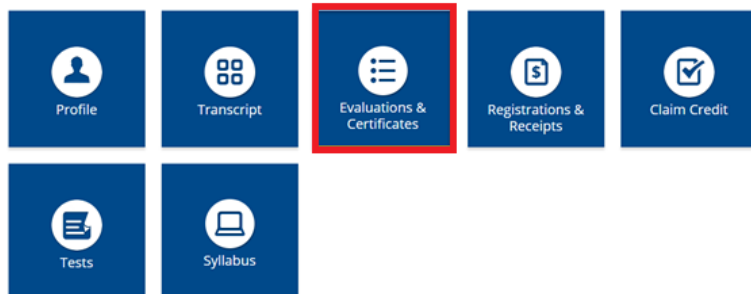
3681

 Submit

Step 12: If you are not redirected to the evaluation/certificates tab click on **My CME** tab



Step 13: Click **Evaluations and Certificates**. You can view evaluations that need to be completed or email certificates for activities already completed



Step 14: You will need to complete the evaluation by clicking on the **Complete Evaluation** button. Once you have completed your evaluation you will be able to download your certificate

EVALUATIONS AND CERTIFICATES

After receiving credit, certificates will be displayed in this area for 1-3 months. Please print or save any certificates before this time period ends.

Note: All credits will be recorded on transcripts, available for download 24/7 in the "Transcripts" area of the portal - credits earned do not disappear from transcripts.

Start Date: End Date: [SEARCH](#)

Credit Date	Course Title	Evaluations	Certificates
3/4/2024	Kelee® Medicine Workshop - The Importance of Being Centered for Self-Care and Reducing Burnout - AMA PRA Category Credits™		Complete Evaluation

Step 15: Once you have completed your evaluation you will be able to download your certificate

EVALUATIONS AND CERTIFICATES

After receiving credit, certificates will be displayed in this area for 1-3 months. Please print or save any certificates before this time period ends.

Note: All credits will be recorded on transcripts, available for download 24/7 in the "Transcripts" area of the portal - credits earned do not disappear from transcripts.

Start Date: End Date: [SEARCH](#)

Credit Date	Course Title	Evaluations	Certificates
3/4/2024	Kelee® Medicine Workshop - The Importance of Being Centered for Self-Care and Reducing Burnout - AMA PRA Category 1 Credits™		DOWNLOAD CERTIFICATE

Step 16: Once you click on the **Download Certificate** button you will be able to either download the PDF, email the certificate to yourself, or print the certificate

