
**20
25**



**15th Annual UCSD Acute
Pain and Ultrasound
Guided Regional
Anesthesia
*Conference***

Center for the Future of Surgery – 9500 Gilman Drive, La Jolla

Conference Morning Program

February 1, 2025



- 07:30 AM – 07:50 AM

Registration & Continental Breakfast

- 07:50 AM – 08:00 AM

Introduction and Welcome

Jacklynn Sztain, MD

- 08:00 AM – 08:45 AM

Current trends in peripheral nerve blocks for perioperative pain control

Rodney Gabriel, MD

- 08:45 AM – 09:15 AM

Current Non-Opioid Strategies for Postoperative Pain Relief

Minhthy Meineke, MD

- 09:15 AM – 09:45 AM

Modern Approaches to Neuraxial Anesthesia for Postoperative Pain Control

Engy Said, MD

- 09:45 AM – 09:55 AM

Coffee Break

- 09:55 AM – 10:55 AM

Perioperative Management of Patients on Buprenorphine and Naltrexone

Timothy Furnish, MD

- 10:55 AM – 12:00 PM

The Future of Regional Anesthesia: New Insights and Innovations

Brian Ilfeld, MD

- 12:00 PM – 12:30 PM

Lunch Break

Conference

Afternoon Program

February 1, 2025



- 12:30 PM – 02:55 PM

Hands-on Live Model Workshop :

- Interscalene and Supraclavicular block
- Infraclavicular and Axillary blocks
- Forearm blocks
- SIFI and PENG block
- Femoral, iPack and Adductor Canal block
- Sciatic, Popliteal Fossa blocks

- 02:55 PM – 03:05 PM

Coffee Break

- 03:05 PM – 05:30 PM

Hands-on Live Model Workshop :

- TAP & QL blocks
- PECs & Serratus blocks
- Erector Spinae Plane and Paravertebral Blocks
- Thoracic and Lumbar Spine Imaging
- Sonographic evaluation of Gastric Contents
- Sonographic evaluation of Lung

- 05:30 PM – 06:30 PM

Reception

Conference

Morning Program

February 2, 2025



- 07:30 AM - 07:50 AM
- 07:50 AM - 08:30 AM
- 08:30 AM - 11:30 AM

Continental Breakfast

ERAS and billing

Jacklynn Sztain, MD

Hands-on Phantom/SIM Workshop :

- Simulation: Crisis Management
- Neck Ultrasound Station
- Imaging stations for vascular access: peripheral venous lines
- Imaging stations for vascular access: arterial lines
- Imaging stations for vascular access: central venous lines
- Knobology and Phantom Practice / Needle Guide
- Lumbar puncture/Epidural Spine
- Cryoablation demonstration

- 11:30 AM onwards

Basic Meeting Adjourned

Conference

Advanced Program

February 2, 2025



ADVANCED REGISTRANTS ONLY*

- 11:30 AM - 17:30 AM

Cadaver Workshop:

Conduct ultrasound-guided blocks and perineural catheter placements on cadavers under the supervision of experienced faculty.

- 11:30 AM - 12:30 PM

Advanced Ultrasound Guided Cadaver Workshop

- 12:30 PM - 01:00 PM

Lunch Break

- 01:00 PM - 05:30 PM

Advanced Ultrasound Guided Cadaver Workshop

- 05:30 PM onwards

Adjournment

**Attendance for the advanced workshop is limited to 50 participants AND must be registered for the full program. Advanced Ultrasound Guided Workshop is limited to pre-registered participants only.*